

INTERSECTIONS
MATCH

by Jasbina

***“How Tightly Should I Hold On To My “Deal-Breakers” - 3
Ideas To Figure This Out! [Video]”***

In this video, Jasbina addresses the question: **How tightly should I hold on to my “deal-breakers”?** I don’t want to get burned but I also don’t want to turn away a great match for the wrong reasons.

Jasbina Ahluwalia

As a matchmaker and dating coach to highly selective men and women, I want to reassure you that your concern is one I hear often.

Whether deal-breakers become assets or liabilities depends on your approach.

Generally speaking, commitment-minded men tend to gravitate towards selective women with standards.

The key to achieving the balance of having standards while at the same time not missing opportunities with potentially great partners is to select your deal-breakers very carefully, armed with a high level of self-awareness .

Self-audit the deal-breakers you’re holding on to by asking yourself the following three questions

1. **Do your deal-breakers reflect those traits which will highly impact your day to day well-being for the long term** such as insensitivity or unkindness, as opposed to less impactful deal-breakers such as his being only two, rather than three, inches taller than you.
2. **Also ask yourself whether your deal-breakers reflect your own priorities, values and emotional needs**, as opposed to external expectations held by others (for example, your friends or family)? Don't fall into the trap of adopting others' deal-breakers as your own without first considering the relevancy of those deal-breakers to what will truly make you happy.
3. **It also helps to ask yourself: what will your prospective partner have to put up with if he chooses to be with you?** None of us is perfect. Keeping our own fallibilities and weaknesses in mind can help us maintain a realistic

perspective regarding our dealbreakers and the imperfections we can deal with in a partner.

The key to having dealbreakers work for rather than against you is in your approach.



Jasbina Ahluwalia is an attorney turned entrepreneur, happily married, second-generation, Indian-American Relationship Expert, Matchmaker and Radio Show Host.

Jasbina founded Intersections Match, the only Selective Search Firm that provides Elite Matchmaking For Indian Singles in North America & the U.K.

Oprah finalist: Jasbina was one of the finalists in OPRAHS search for a new TV Host.

Worldwide Press: She has received worldwide press including in Business Week, Chicago Tribune, Entrepreneur Magazine, Inc., San Jose Mercury News, TV & Radio.

Relationship Columns: Jasbina serves as a Relationship Expert in publications and online forums throughout North America, including YourTango, Lavalife.com, India Currents (CA), Bibi Magazine (NYC), India West (CA), Desi Club (U.S.), Lights Camera Action (TX), Desi Express (Atlanta) & Oye! Times (Canada).

Relationship Q&As: Jasbina has anchored relationship Q&As for organizations, including Cornell India Association, NetIP, Indus Women Leaders, AAPI, India Community Center (Silicon Valley) & Indo-American Arts Council.

Panels: She has also moderated/participated on panels at Harvard Business School, Wharton, Northwestern & Columbia.

Education: Jasbina previously practiced law in San Francisco and Chicago. She earned her B.A./M.A. in Philosophy from Vanderbilt University, and JD from the University of Michigan Law School.

Contact Jasbina

Email: info@intersectionsmatch.com

Website: www.intersectionsmatch.com

Facebook: [LoveIntersectionsMatch](https://www.facebook.com/LoveIntersectionsMatch)

Twitter: [@Intersections](https://twitter.com/Intersections)

LinkedIn: [in/jasbina](https://www.linkedin.com/in/jasbina)

YouTube: [intersectionsmatch](https://www.youtube.com/intersectionsmatch)